

PENRYN COLLEGE

Sport Practice Timetable – Term 1, 2010

MONDAY				
Sport	Times	Teams	VENUE	COACH
Hockey	3:00 – 5:00	Open Boys	Hockey A	G de Beer
	3:00 – 4.30	1 st XI Girls	Hockey C	P Stuart
	3.30 – 5.00	U16 Girls	Hockey C	L van Rensburg
	3:00 – 4.30	U15 Girls	Hockey B	To be confirmed
	3:30 – 5:00	U14 Girls	Hockey B	To be confirmed
Netball	3:00 – 5:00	1 st	Netball B	C Hoffman
	3:00 – 5:00	2 nd	Netball C	D Heathcote
	3:00 – 5:00	U16	Netball D	A Ernstzen
Rugby	3:00 – 5:00	U15	Rugby A	T Barry
	3:00 – 5:00	U14A	Rugby B	G Swart
	3:00 – 5:00	U14B	Rugby B	D Curle
Swimming	3:00 – 5:00	Seniors	Pool	

TUESDAY				
Hockey	3:00 – 5:00	U16 Boys	Hockey B	N Morgan
	3:00 – 5:00	U14 Boys	Hockey C	A Collie
	3:30 – 5:00	Open Girls	Hockey A	P Stuart/N Joubert
	3:00 – 4.30	U16 Girls	Hockey A	L van Rensburg
Netball	3:00 – 5:00	U15	Netball B	D van den Berg
	3:00 – 5:00	U14	Netball C	P Hammond/ O Ngomane
Rugby	3:00 – 5:00	1 st XV	Rugby A	P Viljoen/G Swart
	3:00 – 5:00	2 nd & 3 rd XV	Rugby B	H van der Berg
Swimming	3:00 – 5:00	All	Pool	

WEDNESDAY				
Hockey	2:00 – 5:00	Open Boys	Hockey A	G de Beer
	3:00 – 5:00	U15 Girls	Hockey B	To be confirmed
	3:00 – 5:00	U14 Girls	Hockey C	To be confirmed
Rugby	3:00 – 5:00	U15	Rugby A	T Barry
	3:00 – 5:00	U14A	Rugby B	G Swart
	3:00 – 5:00	U14B	Rugby B	D Curle
Netball	3:00 – 5:00	1 st	Netball B	C Hoffman
	3:00 – 5:00	2 nd	Netball C	D Heathcote
	3:00 – 5:00	U16	Netball D	A Ernstzen
Swimming	3:00 – 5:00	All – Gala		

THURSDAY				
Hockey	3:00 – 5:00	U16 Boys	Hockey C	N Morgan/B Labeeuw
	3:00 – 5:00	U14 Boys	Hockey C	A Collie
	3:00 – 5:00	Open Girls	Hockey B	P Stuart/N Joubert
	3:00 – 5:00	U16 Girls	Hockey A	L van Rensburg
Netball	3:00 – 5:00	U15	Netball B	D van den Berg
	3:00 – 5:00	U14	Netball C	P Hammond/O Ngomane
Rugby	3:00 – 5:00	1 st XV	Rugby A	P Viljoen/G Swart
	3:00 – 5:00	2 nd & 3 rd XV	Rugby B	H van der Berg
Swimming	3:00 – 5:00	Juniors	Pool	

Please Note

1. Practices for Hockey, Netball and Rugby will start on Monday 18 January
2. Times for swimming practices will be confirmed – we are considering early morning practices before school
3. **Grades 8, 9, 10 and 11** are required to do at least TWO sports per year, including the following: one team sport in Term 2, and one team sport in Term 3
4. **Grade 12** pupils are required to do 1 sport per year.
5. **Swimmers are to attend swimming practise before attending winter sports practises**
6. Swimming practises will end after Inter High Gala
7. Sport will normally not be cancelled due to weather, except in extreme cases. Cancellation will only be done by Mr Theron or myself
8. Practise venues might change periodically: your coach will keep you informed.

Should you have any queries, please contact the coach of your sport.