



# PENRYN MATTERS

Penryn College

Newsletter of the Penryn Parents Association

12 Feb

2010/005

## PPA

### HAITI

We would like to thank all parents who generously allowed their children to donate towards fund raising for Haiti.

Creating community awareness in our children is part of Penryn 's Honour code – "Honour Society and the Environment"

### PENRYN BUS SERVICE

Anyone interested in an afternoon bus service, please email [penrynmatters@penryn.co.za](mailto:penrynmatters@penryn.co.za) or sms Gilda or Lindsay. Please specify the preferred times for bus leaving from school to Riebeeck Park. At the moment the thought would be a 14: 00 bus. If there is a need for another time, we may consider running a second bus at 17:00

**For info or queries on bus service contact**

**Gilda Mavromatis on 084 357 1213 or**

**Lindsay Tredgold 083 626 5840**

### PPA SUPPORTER SHIRTS AVAILABLE

Don't wait for derby to buy your supporter's golf shirts and caps! Contact

- Sandra Hogg on 082 601 5808 OR
- Trish Ferri on 082 446 6987

### SQUASH COURT FUND RAISING

Anybody interested contributing towards the Squash Courts Fund may do a deposit into the PPA bank account. The bank details are: **Penryn Parents Association, Nedbank Nelspruit, Bank code: 158952, Acc No: 1589 312 740.**

**REFERENCE:** Please put your name and Squash as reference.

## PREP

### TENNIS

Last weekend a group of Prep school children accompanied Allison Williams and Tombi Pappas to Johannesburg to watch the SA Open Tennis. They watched Robert, Lopez (the winner) Ferrer, Ram, Monfils and others, and said the atmosphere was amazing!! Thanks to Allison for organizing such a great outing! Josh Gatton was lucky enough to catch a marked tennis ball and won a signed shirt! The children returned home home with signed posters, postcards, peak caps, mini tennis rackets and big smiles!

### FRIENDSHIP DAY

Grade 7's planned a "Civvies & Surprise" day to celebrate Friendship Day, which involved all of the prep. Grade 7's were able to buy ribbons for their peers. The Headmaster and all staff involved with teaching Grade 7's were treated to a special surprise. A Friendship day kiosk was run to fill the coffers and a variety of treats were on offer. Funds raised go towards the Grade 7 Fundraising initiative for their year-end gift to the school.

### INDEPENDANT SCHOOLS ATHLETICS MEETING

Independant Prep Schools Athletics took place on a sweltering Wednesday afternoon. Fantastic team spirit prevailed in the excessive heat and a great time was had by all. Well done to all our Prep children for giving of their best. Dedicated Grade 7 parents ran the tuck shop. **Thank you to all of them for their valued time and effort.**

**FOR CLASSIFIEDS** R25 for 40 words or less and R50 for 41-90 words - **no logos -or SEND IN NEWS, INNOVATIVE IDEAS OR PHOTOS: EMAIL:** [penrynmatters@penryn.co.za](mailto:penrynmatters@penryn.co.za) or sms 082 464 4351

## COLLEGE

### SWIMMING

All the best to swimmers taking on Midmar next weekend!

### FRIENDSHIP DAY/SOCIAL

Scholars turned up in Civvies for this friendship day, an occasion always enjoyed by all.

The Grade 8's were encouraged to invite Matrics to the Social in the evening.. They shared an hour of meeting their dates and dancing before being joined by the rest of the College scholars for an evening of socializing, meeting new friends and dancing. The whole day as Social was arranged by the grade 11's for their fund raising. The ribbons were once again a big hit as were the flowers sold.

Thank you to all the scholars (and parents) involved in getting the lists and items ready for handing out.

Thank you also to all the teachers who helped to supervise the social as well as to the parents to ran the tuck shop at the social.

## EXEC

The Exec organised fund raising for the Haiti disaster by making a "hands" banner, and by having a cake sale.

*'Do something to move yourself toward your major goal everyday'- Brian Tracy*

## PENREACH/COMMUNITY NEWS/LEAF/ALUMNI

### PENREACH

Anyone willing to offer their skills to Penreach or is able to assist in any way with the Workshops please contact **Charlotte Ngobe 013 758 9091**

## HOW TO BUILD YOUR CHILD'S SELF-ESTEEM

- **Be there** – let your child know that you are completely focussed on them while you chat.
- **Spare a Kind Word-** Praise them daily. Be careful not to overdo it. Criticize/reprimand them for what they've done and not on who they are.
- **Trust is a Must** – Keep your promises
- **Life's disappointments** – teach them that it is part of life, and that they have the inner strength to cope, move forward and grow.
- **Ease up on the Ego** – Reinforce the importance of humility.
- **Don't Hover** – Give them space to do their own thing. Don't over protect so that they can grow in independence. Independence leads to confidence and self-esteem.

*EDITED FROM FAIR LADY FEB 2010*

## PARENTS IN PRAYER

*"Call to me and I will answer you and tell you great and unsearchable things you do not know."*

**Jeremiah 33.3**

**We meet in the Media Centre (room left off entrance) on Fridays from 7.30 - 8.30.**

**Liz 0845135962**

**Felicity 0826014069**

### HARVEY WORLD TRAVEL

We know it's not a great deal if it's not a great trip! Value and care are priority when you deal with 'The Travel Professionals'! Give US a call to plan your next trip!

TEL: 013-7570883

e-mail: [nlp.6@harveyworld.co.za](mailto:nlp.6@harveyworld.co.za)

### JUMPiNG CASTLE BUSINESS FOR SALE

Established in Nelspruit 9 years ago, it has built up a growing and reliable client base over the years providing excellent service.

Contact [Sandra on 013 745 8064](tel:0137458064) or [sandrarea@absamail.co.za](mailto:sandrarea@absamail.co.za)

OR see web page [www.sandrasjumpingcastles.co.za](http://www.sandrasjumpingcastles.co.za)

### VALENTINE'S PACKAGE

Terra Luna is offering an exclusive Valentines Package, for five couples only, @ R1500 per couple including game drive, dinner, bed and champagne breakfast, for more details contact

[Michelle Saint Clair 079 497 9297](tel:0794979297) or  
[info@unlimitedescapes.co.za](mailto:info@unlimitedescapes.co.za)

### VALENTINE'S LUNCH

Terra Luna is offering an exclusive Valentines Lunch, on our deck, for couples on Valentines day @ R400 per couple, excl. bar. For more information contact

[Michelle Saint Clair 079 497 9297](tel:0794979297) or  
[info@unlimitedescapes.co.za](mailto:info@unlimitedescapes.co.za)

### RUN / WALK FOR LIFE –

**GET FIT LOSE WEIGHT HAVE FUN**

FEELING TIRED AND STRESSED? NEED TO SHED A FEW KILOS? TAKE CONTROL OF YOUR LIFE AND HEALTH WITH RUN / WALK FOR LIFE. FOR MORE INFO CALL

**SANDI SHUM 082 308 8222 OR [sandishum@telkomsa.net](mailto:sandishum@telkomsa.net)**

### TENNIS LESSONS

#### TOMBIE'S TENNIS LESSONS

- Tennis classes are done during PE classes from grade 1-6 and during chapel and break for grade 7's
- Pre-school children are taken either before school or during their break time.
- Also Babolat Distributor for tennis equipment and clothing.
- College scholars at various venues and times

Contact Tombie: Cell: 083 462 6708 or

Tel/Fax: 013 755 3185

e-mail: [apappas@iburst.co.za](mailto:apappas@iburst.co.za)

### BEAUTY DAY – TERRA LUNA – 13 FEBRUARY 2010

Terra Luna Lodge is hosting a **Beauty Day** for all ladies, **13 February 2010, from 10h00 until 14h00 R50 entry fee**, including light lunch and complimentary cocktail.

Exhibitors include Avroy Shlain, El Shaddai Hair, Woolworths, Edgars, Virgin Active, A Brief Affair, Rabbit Moon, Placecol, and more.

**RSVP Michelle Saint Clair 079 497 9297 or**  
[info@unlimitedescapes.co.za](mailto:info@unlimitedescapes.co.za)

If you have any school –related photos of scholars or parents activities you would like printed in this newsletter,

please feel free to send them to  
[penrynatters@penryn.co.za](mailto:penrynatters@penryn.co.za)

Due to the size of file, pictures will be used in the  
**Penryn in Print**

TIME

FOR

TENNIS?

